ADAHS-II (Correspondence) Sem-4 (10 Days)		
1. Basics of Human Body (BHB-4)	**2. Chinese Acupressure (CA-4)**	**3. Ayurvedic Acupressure (AA-4)**
1. Manav Sharir Vigyan Revision of entire Book 2. Parikshan-1 (Ch 8 upto Last)	1. Treatise - VI (EOV) 2. Patanjali Yogic Acupressure **Reference Books:** 1. Chinese Acupressure Handbook-1 2. Chinese Acupressure Handbook-2 3. Therapist Hand Book	1. Charak-3 (Brain Section – Page 182-243) 2. Charak 2 Detailed study of Meridian, 3. Dhanvantri Acupressure (F. No. – 0 to 9, Page 40 to 165) Description of the table & Treatment Protocol. **Reference Books :** 1. Ayurvedic Treatment Handbook 1, 2 & 3

Sem-4	Sub	Theory (1.30 Hr)	Practical (0.30 Hr)	Break	Sub	Theory (1.30 Hr)	Practical (0.30 Hr)	Break	Sub	Theory (1.30 Hr)	Practical (0.30 Hr)	Break
Day-1	BHB	Manav Sharir Vigyan (Revision) Ch 1 to 4	Reports Related to System		C.A.	Treatise-VI, Ch 1 to 2 (Pg 03-52)	Application of Treatment Protocols on Byol Meridians		AA	Charak-2, Ch 8 (Pg – 11-140) Special focus	Group Meridian Ploting as per HB 1 & 2	
Day-2	BHB	Manav Sharir Vigyan (Revision) Ch 5 to 8			CA	Treatise-VI, Ch 3 to 6 (Pg 53-110)			AA	Charak-2, Ch 9 (Pg. 141-163)	Group Meridian Ploting as per HB 1 & 2	
Day-3	BHB	Manav Sharir Vigyan (Revision) Ch 8 to 11			CA	Treatise-VI, Ch 7 to 9 (Pg 111-128) Sec-2 Treatment Protocol (Pg 130 to 180)			AA	Charak-3, Ch-2 (Brain Section, Pg 49 to 61, Pg 67 to 70)	Group Meridian Ploting as per HB 1, 2 & 3	
Day-4	BHB	Manav Sharir Vigyan (Revision) Ch 12 to 15			CA	Treatise-VI, Sec-2 Treatment Protocol (Pg 181 to 227)			AA	Charak-3, Ch-5 (Brain Section, Pg 182 to 238)	Group Meridian Ploting as per HB 1, 2 & 3	
Day-5	BHB	Parikshan Part 1 Ch-8 to 11 (Pg 89-117)			CA	Patanjali Yogic Acupressure (Pg 1 to 28)			AA	Dhanvantari Acupressure (Pg 40 to 123)	Group Meridian Ploting as per HB 1, 2 & 3	
Day-6	BHB	Parikshan Part 1 Ch-12 to Last (Pg 118-161 (With Revision) AHL Chart			CA	Patanjali Yogic Acupressure (Pg 162 to 189) upto immune System AHL Chart			AA	Dhanvantari Acupressure (Pg. 124 to 165) AHL Chart	Ploting as per HB 1, 2 & 3	