

DAHS (Correspondence) Sem-2 (10 Days)

1. Basics of Human Body (BHB-2)	2. Chinese Acupressure (CA-2)	3. Ayurvedic Acupressure (AA-2)
1. Manav Sharir Vigyan – (Ch – 6 to 10)	1. Treatise VII (Ch – 1, 4, 5, 6, 7, 8, 9) (Fundamentals of TCM) 2. Single Point-2 Reference Books : 1. Chinese Acupressure Handbook-1 2. Chinese Acupressure Handbook-2 3. Therapist Handbook	1. Charak – 1 (Page 1 to 100) Focus on six components Dravya, Guna, Karma, Ten Elements 2. Charak – 3 (Only Spine section) - Pg. No. 71 to 109 & Pg. No. 125 to 155. Reference Books: 1. Ayurvedic Acupressure Handbook 1, 2 & 3 2. Ayurvedic Acupressure Colour Vol-1

Sem-2	Sub	Theory (1.30 Hr)	Practical (0.30 Hr)	Break	Sub	Theory (1.30 Hr)	Practical (0.30 Hr)	Break	Sub	Theory (1.30 Hr)	Practical (0.30 Hr)	Break
Day-1	BHB	Manav Sharir Vigyan (Pg 58-73) Ch-6 Circulatory System	Reports (C.S.)		C.A.	Treatise-VII Ch-1 (Pg 40, 51, 55) Ch-2 (Pg 71)			AA	Charak-1 (Pg 1-25)	Revi. Of all Ayurvedic VM, HZM, Spm	
Day-2	BHB	Ch-7 Respiratory System (Pg 74-83) Ch-8 Excretory System (Pg 84-91)	Reports (R.S., E.S)		CA	Treatise-VII Ch-4 (Pg 85-97)			AA	Charak-1 (Pg 26-99)	LVM RLVM	
Day-3	BHB	Ch-9 Endocrine System (Pg 92-105)	Reports (Endo Sys.)		CA	Treatise-VII Ch-5 (Pg 98-112) Ch-6 (Pg 113-118)			AA	Charak-1 (Pg. 51-75)	LHM RLHM	
Day-4	BHB	Ch-9 Endocrine System (Pg 105-118)	Reports (Endo Sys.)		CA	Treatise-VII Ch-7, 8, 9 (Pg 119-151)			AA	Charak-1 (Pg. 76-100)	OF-VM LVM RLVM	
Day-5	BHB	Ch-10 Reproductive System (Pg 119-131)	Reports (Reprod. Sys.)		CA	Treatise-VII Ch-9 (Pg 152-182)			AA	Charak-3 Spine Section (Pg. 71-109)	OF-LHM HZM RLHM	
Day-6	BHB	Manav Sharir Vigyan Ch-6 to 10 Revision AHL Chart	Reports (MRI, USG, X-Ray etc.)		CA	Single Point – Part-2 AHL Chart			AA	Charak-3 Spine Section (Pg. 125-155) AHL Chart	Spm	

Treatment Protocols on Byol Meridian