

Activities of ASPEUS

1. Research Section



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A. Question - Answer Section :

Q. I am Girish Kumar Joshi, from ISHAN Bangalore and am studying IV semester (ADAHS) Clarifying the following queries on understanding and using the equivalent protocols in Ayurvedic acupressure for the TCM protocols:

1. How do we define the Qi deficiency, Qi Excess, Qi Sinking and Qi Contravection condition in Ayurvedic Acupressure.
2. For the Liver blood stasis what are the equivalent points which we can use in Ayurvedic acupressure?

Please let me know if there is any relevant literature available to further and understand.

Thank you for conducting wonderful classes and enlightening us on the intricacies of Acupressure.

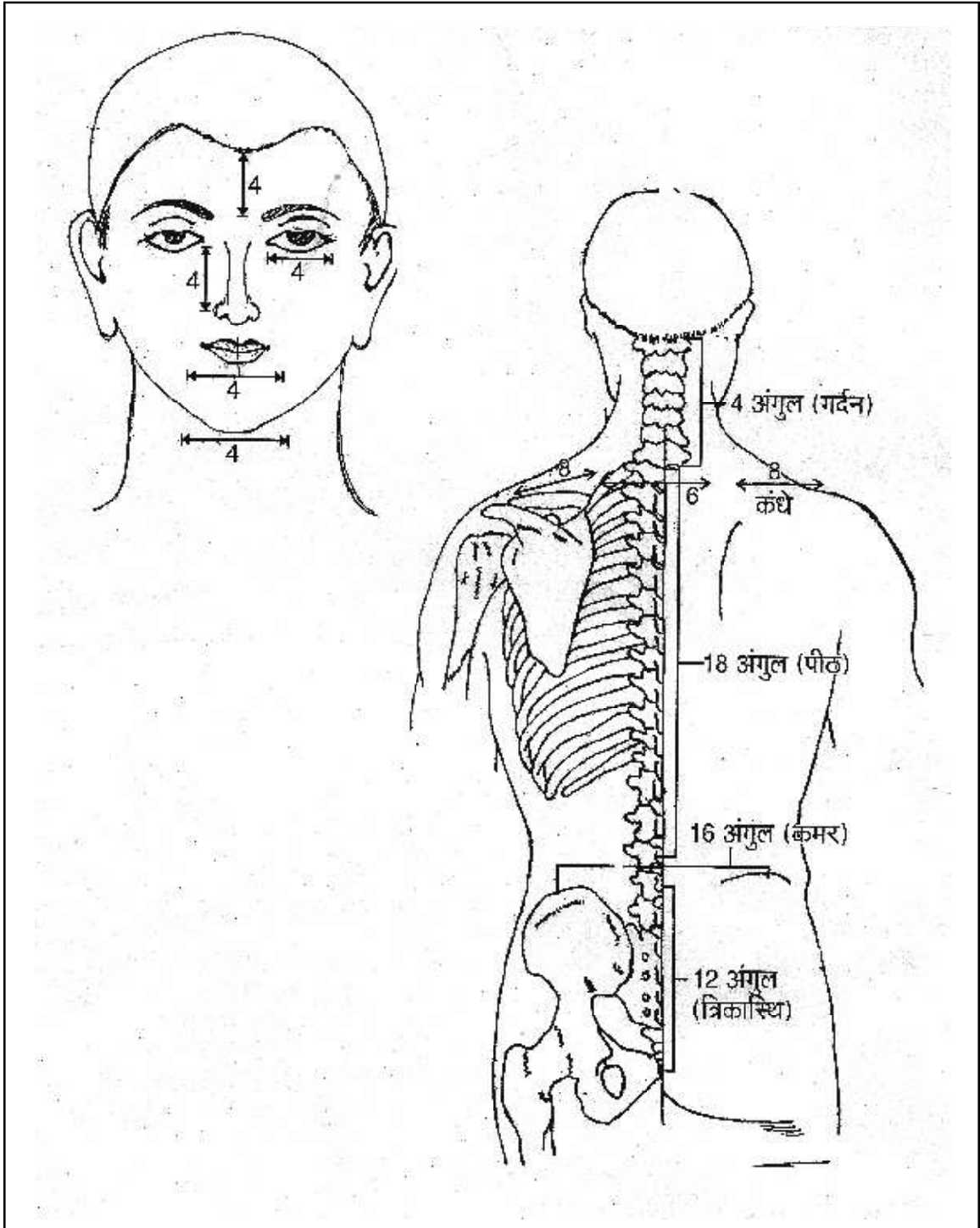
Ans. Sir, TCM is based on 5 Elements while AA on 10 - Elements. Hence there is a broad difference in two. Still in Nov, 2018 conference, Book "Chinese Meridians in Ayurvedic Mould" Vol - 1, 2 are published. It covers TCM meridians on ayurvedic joints. One can now CREATE any TCM protocol on AA joints or just apply seeds/colours.

Kindly refer the books., Regards, Parul Agrawal

B. Measurement (परिमाण)

Human Body face, neck, spine etc. are so well, symmetrically made by divine power. The 'angul' = finger measurement of few region are depicted here to know the IMPORTANCE and IDENTITY of each segment.



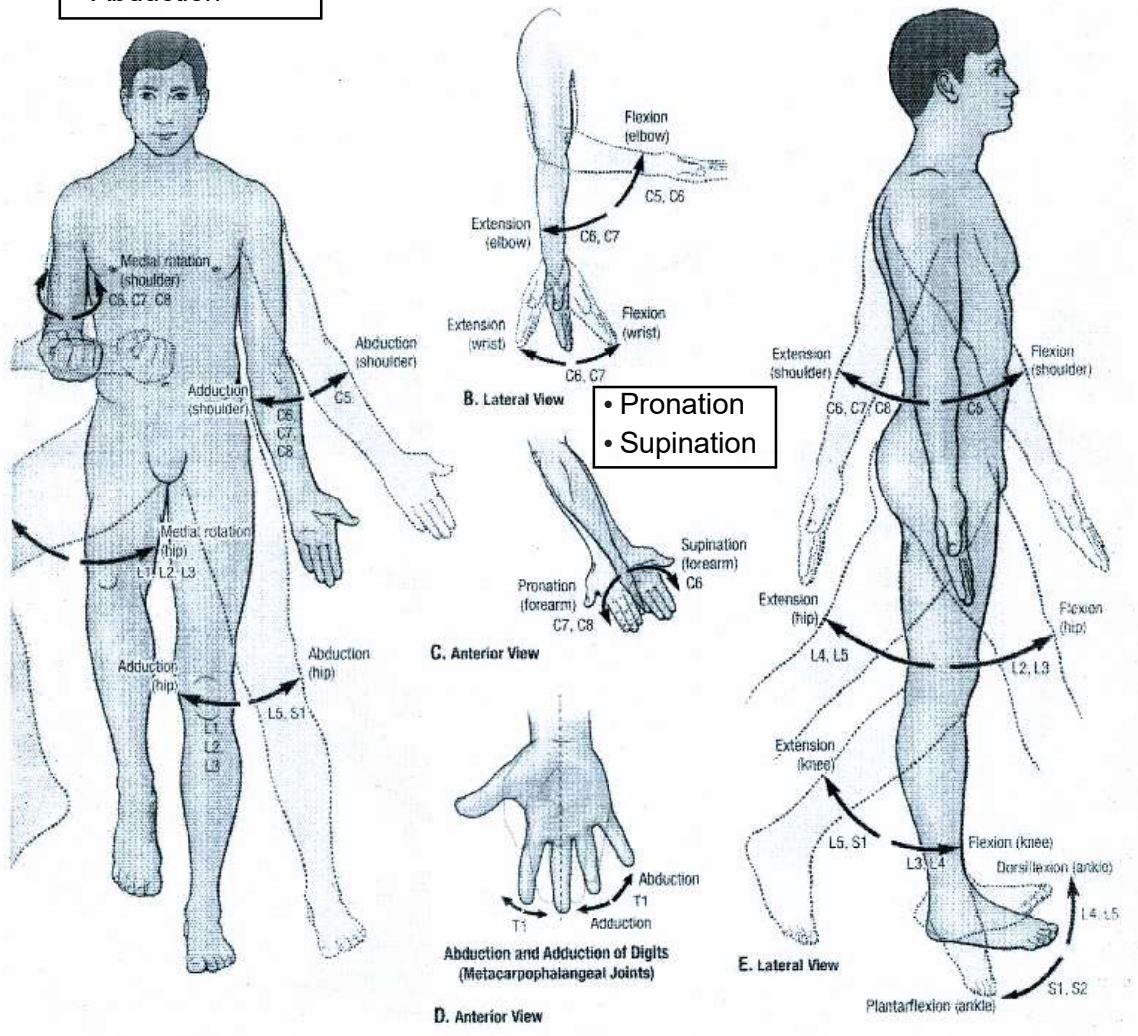


C. Learn Joint Movement (in relation to Spine segments)

10 Fundamental Motions

- Medial Rotation
- Adduction
- Abduction

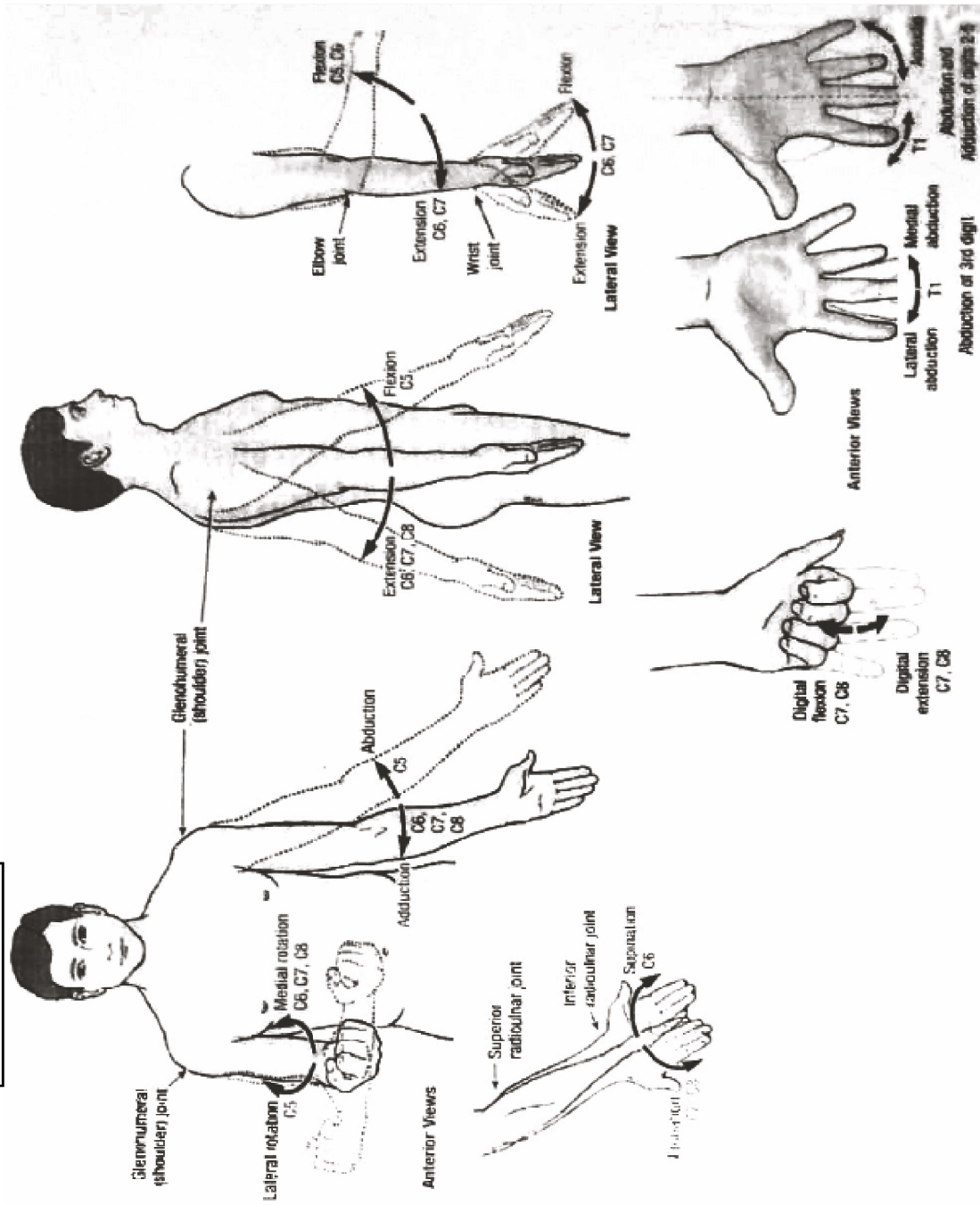
- Flexion
- Extension



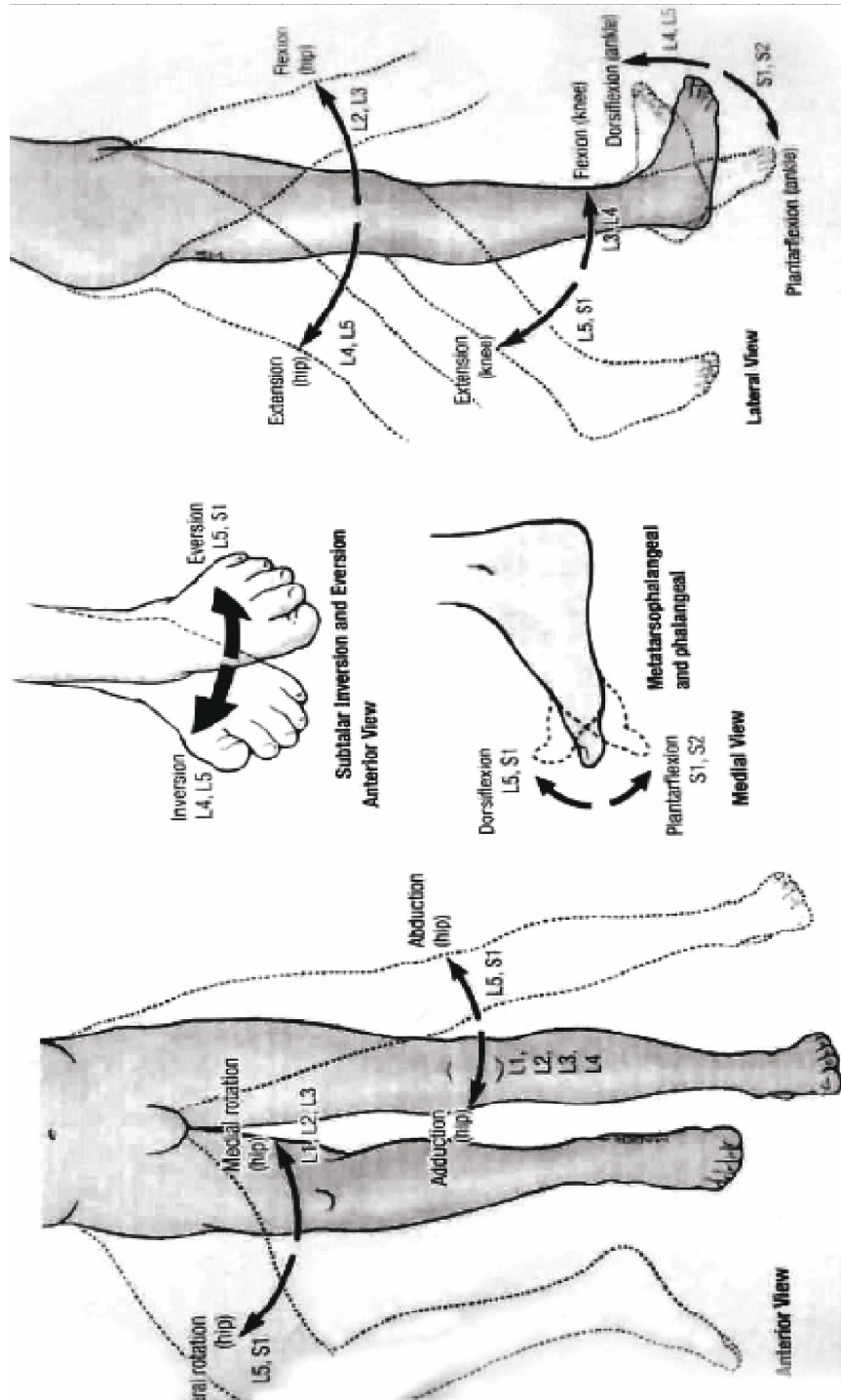
- Pronation
- Supination

Treatment Approach = Both thumbs 7 Spr meridian combinations.
 Example 7-0, 7-1, 7-2 & so on.

• Lateral Rotation



- Inversion
- Eversion



E. New Books in Conference - 2018

- | | |
|---|------------------------------|
| 1. Treatment of Injuries Vol - 1 | - M P Khemka |
| 2. Treatment of Injuries Vol - 2 | - M P Khemka |
| 3. Children Health Guide (CHG) | - Parul, Anil, Nayna |
| 4. Acu Yoga | - Parul, Anil, Nayna |
| 5. Chinese Meridian in Ayurvedic Mould (CM in AM) Vol - 1 | - J P Agarwal, Parul Agarwal |
| 6. Chinese Meridian in Ayurvedic Mould (CM in AM) Vol - 2 | - J P Agarwal, Parul Agarwal |
| 7. Ayurvedic Acupressure Case Manual 1 (AA CM - 1) | - J P Agarwal, Parul Agarwal |
| 8. Ayurvedic Acupressure Case Manual 2 (AA CM - 2) | - J P Agarwal, Parul Agarwal |
| 9. Ayurvedic Acupressure Case Manual 3 (AA CM - 3) | - J P Agarwal, Parul Agarwal |



F. Other Highlights - (see annexure of magazine 19-1/2)

(i) Acu Bags - Carry Bags and Leather Bags



CB - 1

CB - 2

CB - 3

LB - 1

LB - 2



LB - 3 (Laptop bag)

LB - 4 (Travel bag)

(ii) Acu Dress (Apron)



Red



White

(iii) Acu Boxes

Acu Boxes (10-01-2019)				
Box Number	Box Name	MRP Incl.Tax	After 20%Disc.	After 40% Disc.
Box - 1	Methi Box	5/-	4/-	3/-
Box - 2	Magnet Box	10/-	8/-	6/-
Box - 3	Small 4 Section	20/-	16/-	12/-
Box - 4	Big 4 Section	30/-	24/-	18/-
Box - 5	Plain Box	30/-	24/-	18/-
Box - 6	Small 6 Section (A)	50/-	40/-	30/-
Box - 7	Broad 6 Section (B)	60/-	48/-	36/-
Box - 8	Medium 6 Section (C)	60/-	48/-	36/-
Box - 9	9 Section	120/-	96/-	72/-
Box - 10	Large 6 Section (D)	150/-	120/-	90/-



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