

## PROGRAM STRUCTURE OF "CAMPUS COURSE" :

1. The Acupressure Shodh, Prashikshan Evam Upchar Sansthan is conducting Campus Courses in Acupressure Healing Sciences, which are as follows:

Name of Course	Short Name	Duration
Certificate in Acupressure Healing Science	CAHS - Campus	One semester of six months
Diploma in Acupressure Healing Science	DAHS - Campus	Two semesters, each of six months
Advance Diploma in Acupressure Healing Science	ADAHS - Campus	Four semesters, each of six months

### 2. Sessions :

There will be two semesters every year and session will start twice a year : **January and July**. Accordingly, examinations will be held twice every year, i.e. in the month of June and December.

### 3. Lateral Entry :

Fresh Students can take admission only in Certificate programme and they can take admission after clearing it, in further programmes. However, they will get benefit of semester cleared previously either from this Academy or from any other recognized University / Institution. **For example** : If someone has cleared Certificate programme of one semester and wants to take admission in Diploma Programme, he will get benefit of one semester and he has to clear only second semester of Diploma Programme and accordingly in other Programmes too.

### 4. Description of Campus Courses :

#### (A) About Course :

S.No.	Program	Paper	Semester	Theory Paper	Theory Marks	Practical Marks	Total Marks
1	CAHS-Camp	3	1	3	300	100×3=300	600
2	DAHS-Camp	6	2	6	600	100×3=300	900
3	ADAHS-Camp	12	4	12	1200	100×6=600	1800

Project assessments based on grading system :

**A** (>=80%) **B** (>=70% - 79%) **C** (>=60% - 69%) **D** (>=50% - 59%)

**(B) Papers and Marks Allotment (for every paper in each semester)**

	Paper	Theory	Practical	Total Marks
1.	Basics of human body (BHB)	100	100	200
2.	Chinese Acupressure (CA)	100	100	200
3.	Ayurvedic Acupressure (AA)	100	100	200
<b>Total</b>		<b>300</b>	<b>300</b>	<b>600</b>

**Note :—**

**In Sem-1 (Camp) :** Paper names will be BHB (camp), CA-1 (camp), AA-1 (camp)

**In Sem-2 (Camp) :** Paper names will be BHB (camp), CA-2 (camp), AA-2 (camp)

**In Sem-3 (Camp) :** Paper names will be BHB (camp), CA-3 (camp), AA-3 (camp)

**In Sem-4 (Camp) :** Paper names will be BHB (camp), CA-4 (camp), AA-4 (camp)

**(C) Teaching Time Table : (Per Semester)**

Total Teaching Hours = 600 hrs. (450 hrs Theory + 150 hrs Practical)

Teaching hours per day = 4 hrs. Theory + 2 hrs. Practical = 6 hrs.

Total teaching days =  $600/6=100$  (100 days = 3 months)

Left 3 months for in-between trainings at Chatnag, internship (practicals) and exam preparations. (Assessments in between by class tests).

Holidays in 6 months = 26 Sundays + 6 public holidays = 32.

**Note :** The duration of six months includes national holidays, festival holidays, week off & examination preparation. Remaining period will be internship.

**Each semester = 600 hrs (covered in 3 months = 100 days)**

Paper	Theory hrs.	Practical hrs.
1. BHB	100 Hours	50 hrs.
2. CA	175 Hours	50 hrs.
3. AA	175 Hours	50 hrs.
<b>Total 600 hrs.</b>	<b>450 Hours</b>	150 hrs. (treatment practice at Chatnag)

Note :- Every day - 6 hrs classes = 4hrs theory, 2 hrs practical.

**Classes : 6hrs/day for 3 months = 100 days (each semester)**

ASPEUS COURSE SYLLABUS (CAMPUS)				Total Hrs	Chapters	Covered Pages
CAHS	(Sem-1)			100 Ech Sec.		
		BHB -1				
			Human anatomy	15	1 to 5	1 to 57
			Manav Sharir Vigyan	50	1 to 7	1 to 83
			Rogi Rog Upcharak	15	1 to 7	11 to 144
			Parikshan Part 1	10	1 to 7	
			Study of Report Through case histories of Magazine (USG, X-Ray- Chest & Spine) by experst	10		
		CA - 1	Sukshm Abhinav/ Sujok	10		11 to 168
			Treatise - 1	30		1 to 120
			Chinese Hand book - 1	20		1 to 58
			Treatise - 2	25		3 to 85
			Treatise - 6	20	1 to 9	3 to 128
			Therapist hand book	20		1 to 91
			P.Sukhm Abhinav-1	10		23 to 132
			Treatise - 7	15	1 to 5	37 to 112
			Sushrut Rang Chikitsa	10		Entire book
			Single Point Part 1	5		
			Study of Report Through case histories of Magazine (USG, X-Ray- Chest & Spine) by experst	10		
		AA - 1	Agnivesh	10		11 to 51
			Bhardwaj	25		2 to 27,44 to 194
			Charak 1	40		Overview - 5 Hrs
						Salient features- Mahabhoot, physical Metaphysical, Samanya- Vishesh, Samvaya - 10 Hrs
						Dravya,Guna, Karma - 10 Hrs
						Vata, Pitta, Kapha - 5 Hrs
						Dhatus - 10 Hrs
			Charak - 3	25		Spine Section (69 to 120)
			Hand book - 1	25		1 to 67
			Constipation	5		Entire book
			Ayurvedic Colour Book 1	5		1 to 89 and some case histries
			Seed Therapy	5		
			Chyawan Rishi	25		
			Study of Report Through case histories of Magazine (USG, X-Ray- Chest & Spine) by experst	10		

ASPEUS COURSE SYLLABUS (CAMPUS)						
DAHS	(Sem-2)			Total Hrs	Chapters	Covered Pages
		BHB -2		100 Ech sec.		
			Human Anatomy	15	6 to 10	66 to 141
			Manav Sharir Vigyan	40	8 to 15	84 to 216
			Rogi Rog Upcharak	15	8 to end	
			Parikshan Part 1	15	8 to 14	
			Study of Various Reports by Experts	15		
		CA - 2	Treatise - 1	20		122 to 172
			Treatise - 2	20		5 hrs/R, 86 to 114
			Treatise - 6	20		5 hrs/R, 130 to 158
			Treatise - 7	25	6 to 15	10 hrs/R, 113 to 225
			Therapist Hand Book	20	16 to 30	10 hrs/R, 92 to 124
			Treatise -10	10	1 to 15	1 to 120
			Treatise - 18	20	1 to 15	up to 80
			P.Sukshm Abhinav -2	10	1 to 10	19 to 104
			Patanjali Yogic Acupressure	10		1 to 133
			Single Point Part 2	5		
			Study of Various Reports by Experts	15		
		AA - 2	Charak - 1	40		Revision of Sem-1 (10 Hrs) & Page 101 to Last
			Charak -3	25		10 hrs R (Spine Sec.),121 to 181
			Hand Book - 2	20		Entire Book
			Liver, Gall Bladder	10		Entire Book
			Hippocrates - 1	25		90 to 142, some case histories
			Atreya	25		1 to 87
			Hand Book - 1	10		68 to 105
			Ayurvedic Colour Book 2	5		
			Study of Various Reports by Experts	15		

ASPEUS COURSE SYLLABUS (CAMPUS)						
ADAHS	(Sem-3)			Total Hrs	Chapters	Covered Pages
		BHB -3		100 Ech Sec.		
			Rogi Rog Upcharak (Revision)	15	1 to 10	1 to 112
			Parikshan -2	15	1 to 13	
			Manav Sharir Vigyan (Revision)	40		Revision
			Human Anatomy (Revision)	15		
			Study of Various Reports by Experts & Practical	15		
		CA - 3	Treatise - 1	10		4,8,10,156 to 166
			Treatise - 2	10		115 to 382
			Treatise - 3	10	1 to 11	11 to 91
			Treatise - 4	15	1 to 10	8 to 145
			Treatise - 5	15	1 to 22	11 to 121
			Treatise - 6	10		158 to 226
			Treatise - 7	20	16 to 20	226 to 257
			Treatise - 8	10		1 to 52
			Treatise - 9	10		1 to 52
			Treatise - 10	10		1 to 62
			Treatise - 11	10		138 to 274
			Therapist Hand Book	10		127 to last
			Single Point Part 3	10		
			Study of Various Reports by Experts & Practical	15		
			Project	10		
		AA - 3	Hippocrates - 2	20	1 to 6	1 to 120
			Atreya	10		5 hrs/R, 87 to 102
			Dhanvantari	20	1 to 6	278 -293
			Charak - 2	40		
			Hand Book - 1	10		100 to 142
			Hand Book - 2	10		
			Charak - 3	20		10 hrs (Concept of Ayurvedic Acu- 1 to 68), 180 to last
			Case histories from Saraswati	10		
			Ten Element Chart from Ayurvedic HB 1	10		144 to last
			Study of Various Reports by Experts & Practical	15		
			Project	10		

ASPEUS COURSE SYLLABUS (CAMPUS)				Total Hrs	Chapters	Covered Pages
ADAHS	(Sem-4)					
		BHB - 4		100 Ech Sec.		
			Manav Sharir Vigyan (Entire)	40	11 to 20	1 to 112
			Embryology	15		
			Parikshan 2	15	14 to end	
			Study of Various Reports by Experts & Practical	15		
			Revision of Human Anatomy	15		Entire Book
		CA - 4	Treatise - 1	5		
			Treatise - 7	20	21 to 30	
			Treatise - 12	10		
			Treatise - 13	10		
			Treatise - 14	10		
			Treatise - 15	10		
			Treatise - 16	10		
			Treatise - 17	10		
			Treatise - 18	10		
			Treatise - 19	10		
			Treatise - 20	10		
			Treatise - 22	10		
			Treatise - 24	10		
			Chinese case histories from Saraswati	10		
			Single Point 4	5		
			Study of Various Reports by Experts & Practical	15		
			Project	10		
		AA - 4	Hippocrates - 2	35	7 to 10	121 to 246
			Revision of Atreya	10		Revision
			Revision of Dhanvantari (Circulation based Project)	10		Revision
			Diabetes	5		
			Charak - 1 & 2	35		Summary
			Hand Book - 1	5		144 up to last
			Hand Book - 3	20		
			Case Histries from Saraswati	15		
			Project on Charak - 3	10		
			Constipation	5		
			Study of Various Reports by Experts & Practical	15		
			Project on Dhanvantari	10		

Note - Sansthan Books are prescribed as text books as well as reference books as per new list of publication. (Applicable for all semesters)



**(D) Fee Structure of Campus Course :**

Exam Fee	1500
Tution Fee	18,000
Hostel Charges (for 150 days - 5 months)	22,000
<b>Total Fee</b>	<b>41,500</b>

**Note** - Students will get prospectus free of cost.

**5. Eligibility :**

- a) CAHS-(Campus) : The candidate should be 12th Pass.
- b) DAHS-(Campus) : The candidate should be 10+2 Pass and qualified CAHS.
- c) ADAHS-(Campus) : The candidate should have qualified the above course DAHS

6. There will be **no age limit** in any course.

7. **Medium of Instruction**- Hindi and English or both.

8. **Syllabus and Study Material** : Syllabus is mentioned herewith. Course material will be purchased by the student as required.

9. If any candidate fails in one subject(**passing marks 50% in each subject**) , he may apply for **back paper** on payment of exam fee for one subject as Rs. 1500/- He may appear in next examination for such paper, only two times

14. Admission will only be on **full payment of fee**, as agreed upon between the student and the Sansthan, in the admission form.

**7. READ THE INSTRUCTIONS CAREFULLY BEFORE FILLING THE FORM.**

1. The Application Form must be filled in CAPITAL Letters.
2. Columns if not filled properly, the form will not be accepted.
3. Make sure that the necessary documents are enclosed with the form else the form will not be accepted.
4. Medium of instructions will be Hindi and / or English.
5. Every student shall require minimum 75% of presence separately in each subject in theory and practical and 90% of the training period for being eligible to appear in the examination.
6. The candidates, after successful completion of the course can work as an Acupressure therapist in Acupressure Centers, Naturopathy Centers, Mind-Body-Soul Centers, Spas, Health Home Sanatoriums etc. under the supervision of physician or as an independent Acupressure Therapists as per the prescription of the physician.

**Note :- Please take the form and assignment question paper(assign. only for corr .course students) of the course enrolled.**